

PERSONAL DETAILS

Friederike Barbara Haslbeck,

born November 19th, 1973 in Herford, Germany, married, two children

Bordackerstr.62, CH-8610 Uster

Email: friederike.haslbeck@usz.ch

<https://orcid.org/0000-0002-4076-8028>

Scopus Author ID: 55438127000



EDUCATIONAL BACKGROUND/ TRAINING

- 2008 - 2013 *University Witten/Herdecke, Department of Medicine, Witten, Germany*
Doctoral thesis "Creative music therapy with premature infants and their parents", supervised by Prof. Dr. David Aldridge: summa cum laude
- 2009 *Louis Armstrong Department of Music Therapy, Beth Israel Medical Center, NY, USA*
Training in music therapy in neonatal care
- 2008 - 2009 *Florida State University, FL, USA*
Training in NICU-MT at the National Institute for Infant and Child Medical Music Therapy
- 1999 - 2001 *University Witten/Herdecke, Department of Music Therapy, Witten, Germany*
Master of music therapy
- 1994 - 1998 *University of Music Freiburg, Germany*
Master music education (violin and piano)

EMPLOYMENT

- Since 2013 *University Hospital Zürich, Switzerland*
Implementation of music therapy in neonatal care
- 2013 -2018 *University Hospital Bern, Switzerland*
Implementation of music therapy in neonatal care
- 2006 - 2010 *Childrens` Hospital Bielefeld, Bethel, Germany*
Implementation of music therapy in neonatal care
- 2001 - 2004 *University Witten/Herdecke, Faculty of Medicine, Witten, Germany*
Music therapy service for children
- 2001 - 2002 *Essen University Hospital, Essen, Germany*
Implementation of music therapy in neonatal care and pediatrics
- 2000 - 2004 *Christopherus-Hof e. V., Witten, Germany*
Music therapy service for people with special needs
- Since 1996 *Self-employed as musician, Germany & Switzerland*
Teacher for violin, piano & early musical education; violinist in orchestras, e.g. New Orchestra Basel, Switzerland; Chamber Orchestra Freiburg, Germany, Junge Sinfoniker NRW

ACADEMIA APPOINTMENTS

- Since 2013 *University Hospital and University of Zurich Zürich, Switzerland*
Post-doc researcher
- 2001 – 2004 *University Witten/Herdecke, Faculty of Medicine, Witten, Germany*
Research assistant, e.g. in the project „Open Source Music Therapy World Journal Index“

APPOVED RESEARCH PROJECT

- Since 2014 *Creative music therapy to promote brain function and brain structure in preterm infants: a randomized controlled pilot study. Ethics Committee of Canton Zurich, Switzerland (KEK-ZH 2014-0655) & Swiss Agency for Therapeutic Products (Swissmedic), Audit No.: CTCQA14. ClinicalTrials.gov Number: NCT02434224*

SUPERVISION

- Since 2019 *University Zurich, Department of Medicine, Switzerland, doctoral thesis: Annika Klein*

- Since 2017 *University of Jyväskylä, Department of Music, Finland, doctoral thesis: Pernilla Hugoson*
Since 2014 *University of the Arts, Department of Music, Zurich, Switzerland, master thesis: Diandra Russo, Stefanie Christen, Bea Cseri, Selina Kehl, Tobias Stocker, Regina Högger, Jacqueline Stohler, David Moser, Imri Kerauden, Doris Hold*
Since 2014 *University of Applied Sciences; Department of Health Sciences, Krems, Austria, master thesis Barbara Koppensteiner, Anna Kriek*

ACADEMIC RESPONSIBILITIES/ TEACHING

- Since 2015 *Zurich University of Applied Sciences, Department of Health: lecturer*
Since 2014 *Zurich University of the Arts, Department of Music: Lecturer and master thesis supervisor*
Since 2014 *Louis Armstrong Department of Music Therapy, Beth Israel Medical Center, NY, USA: International trainer in music therapy in neonatal care*
Since 2014 *Freies Musikzentrum Munich, Germany: Lecturer and owner of supplementary training "Music Therapy in Neonatal Care"*
Since 2013 *Eino Roiha – instituutti of the university Jyväskylä, Department of Music, Helsinki, Finland: Trainer Music Therapy in Neonatal Care*

ACTIVE COLLABORATIONS

- Since 2015 Member Scientific Committee of the European Music Therapy Association
Since 2014 Member International Association for Music and Medicine (IAMM)
Since 2014 Member MANDARI Group (Music And the Neuro-Developmentally At-Risk Infant) Gold Smith University, London
Since 2014 Member Swiss Federation of Music Therapy
Since 2010 Member of worldwide training committee, Louis Armstrong Department of Music Therapy, Beth Israel Medical Center, NY, USA
Since 2008 Founder of the German-speaking expert group "Music therapy in neonatal care"
Since 2006 Member German Association of Music Therapy & Nordoff/ Robbins Music Therapy Association

REVIEW ACTIVITIES

- Since 2019 Editorial board member of the Journal Music and Medicine
2018 Reviewer of Israel Science Foundation Grant Application no.1585/18: Music therapy`s effectiveness for preterm-infants` and their parents: a cluster-randomized controlled trial
Since 2018 Advisory Board Member Multi-Center LongStep Study University Bergen, Department of Music, Norway: <http://uni.no/en/uni-health/gamut/longitudinal-study-of-music-therapys-effectiveness-for-premature-infants-and-their-caregivers-inte/>
Since 2013 Reviews for Nordic Journal of Music Therapy, Journal of Music and Medicine, Journal Neonatology, Pediatrics

ORGANIZATION OF SYMPOSIUM

- 2016 University Hospital Bern, Childrens` Department, Symposium "Tour der Sinne": auditory experiences in the preterm infant and their influence on brain development

FELLOWSHIPS/ AWARDS

- 2011 World Federation of Music Therapy (WFMT)
World Congress Scholarship for Doctoral Students Award. July 2011, Seoul, Korea
2008 - 2012 Ev. Studienwerk Villigst, e.V.; Germany
Fellowship as doctoral student

CAREER BREAKS

- 2004 -2008 Parental leave for academic work

MAJOR SCIENTIFIC ACHIEVEMENTS

Publication in peer reviewed international scientific journals

- Haslbeck, F. B., & Bassler, D. (2020). Clinical Practice Protocol of Creative Music Therapy for Preterm Infants and Their Parents in the Neonatal Intensive Care Unit. *Jove*, (January), 1–10. <https://doi.org/10.3791/60412>
- Haslbeck, F. B., Jakab, A., Held, U., Bassler, D., Bucher, H., & Hagmann, C. (2020). NeuroImage : Clinical Creative music therapy to promote brain function and brain structure in preterm infants : A randomized controlled pilot study. *NeuroImage: Clinical*, 25, 102171. <https://doi.org/10.1016/j.nicl.2020.102171>
- Haslbeck, F.B., Karen, T., Loewy, J., Meerpohl J., Bassler, D. (2019). Musical and vocal interventions to improve neurodevelopmental outcomes for preterm infants: Cochrane data base of systematic reviews, Issue 11. doi.org/10.1002/14651858.CD013472
- Haslbeck, F.B., & Stegemann, T. (2018). The effect of music therapy on infants born preterm. *Developmental Medicine & Child Neurology*, 60(3), 217. <https://doi.org/10.1111/dmcn.13677>
- Haslbeck, F.B., & Bassler, D. (2018). Music From the Very Beginning—A Neuroscience-Based Framework for Music as Therapy for Preterm Infants and Their Parents. *Frontiers in Behavioral Neuroscience*, 12(June), 1–7. <https://doi.org/10.3389/fnbeh.2018.00112>
- Haslbeck, F.B., Nöcker-Ribaupierre, M., Zimmer, M.-L., Schrage- Leitner, L., Lodde, V. (2018). Music therapy in neonatal care: a framework for German-speaking countries and Switzerland. *Journal of Music and Medicine*, 10(4), 214–224. <http://mmd.iammonline.com/index.php/musmed/article/view/603>
- Haslbeck, F.B., Bucher, H.-U., Bassler, D., & Hagmann, C. (2017). Creative music therapy to promote brain structure, function, and neurobehavioral outcomes in preterm infants: a randomized controlled pilot trial protocol. *Pilot and Feasibility Studies*, 3(1), 36. <https://doi.org/10.1186/s40814-017-0180-5>.
- Haslbeck, F.B. (2014). The interactive potential of creative music therapy with premature infants and their parents: a qualitative analysis. *Nordic Journal of Music Therapy*, 23(1), 36–70. <https://doi.org/10.1080/08098131.2013.790918>
- Haslbeck, F.B. (2013). Creative music therapy with premature infants: An analysis of video footage. *Nordic Journal of Music Therapy*, 23(1), 5–35. <https://doi.org/10.1080/08098131.2013.780091>
- Haslbeck, F.B. (2012). Music therapy for premature infants and their parents: An integrative review. *Nordic Journal of Music Therapy*, 21(3), 203–226. [1080/08098131.2011.648653](https://doi.org/10.1080/08098131.2011.648653)

Books

- Haslbeck, F. B. (2018). *Wiegenlieder für die Kleinsten. Ausgewählte Lieder von Eltern für Eltern frühgeborener Kinder.* (Haslbeck, F.B. Ed.) ISBN: 978-3-033-06451-5. <http://shop.fruehgeborene.de/Wiegenliederbuch>
-

Peer reviewed conference papers

- Haslbeck, F.B., Bucher, H.-U., Bassler, D., Jacab, A., & Hagmann, C. (2019). Creative music therapy with preterm infants to improve brain structure, function and development—a randomized controlled pilot trial. *Monatsschrift Kinderheilkunde, Suppl 3*(167), 57. <https://doi.org/10.1007/s00112-019-0700-x>
- Haslbeck, F.B., Loewy, J., Filippa, M., Hugoson, P., & Kostilainen, K. (2016). Sounding together: family-centered music therapy in neonatal care from a European perspective. *Nordic Journal of Music Therapy*, 25(sup1), 90–90. <https://doi.org/10.1080/08098131.2016.1180086>
- Haslbeck, F.B. (2016). Creative music therapy in premature infants: testing its possible influence on brain development. *Nordic Journal of Music Therapy*, 25(sup1), 32–32. <https://doi.org/10.1080/08098131.2016.1179921>

Contributions to books

- Haslbeck, F., & Scileppi, S. (2020). Empowering cultural identity through music in German-speaking Europe. In H. Shoemark & M. Ettenberger (Eds.), *Music therapy in neonatal intensive care: influences of culture* (pp. 17–37). Dallas: Barcelona Publisher.
- Haslbeck, F.B. & Hugoson, P. (2017). *Sounding Together: Family-Centered Music Therapy as Facilitator for*

- Parental Singing During Skin-to-Skin Contact. In M. Filippa, P. Kuhn, & B. Westrup (Eds.), *Early Vocal Contact and Preterm Infant Brain Development* (1st ed., pp. 217–238). Cham, Switzerland: Springer Nature. https://link.springer.com/chapter/10.1007/978-3-319-65077-7_13
- Haslbeck, F. (2016). Three little wonders. Music therapy with families in neonatal care. In S. Lindahl Jacobsen & G. A. Thompson (Eds.), *Models of music therapy with families* (pp. 19–44). London: Jessica Kingsley Publishers.
- Haslbeck, F. (2015). Empowerment and Empowering Self: Using Creative Music Therapy to Reconnect Premature Infants and Their Mothers. In C. Dileo (Ed.), *Advanced Practice in Medical Music Therapy: Case Reports* (pp. 20–32). Jeffrey Books. Retrieved from <http://www.westmusic.com/p/advanced-practice-in-medical-music-therapy-case-reports-860049>